Medical Policy

Benign Skin Lesions

MEDICAL POLICY NUMBER: 422

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INSTRUCTIONS FOR USE: Company Medical Policies serve as guidance for the administration of plan benefits. Medical policies do not constitute medical advice nor a guarantee of coverage. Company Medical Policies are reviewed annually and are based upon published, peer-reviewed scientific evidence and evidence-based clinical practice guidelines that are available as of the last policy update. The Company reserves the right to determine the application of medical policies and make revisions to medical policies at any time. The scope and availability of all plan benefits are determined in accordance with the applicable coverage agreement. Any conflict or variance between the terms of the coverage agreement and Company Medical Policy will be resolved in favor of the coverage agreement. Coverage decisions are made on the basis of individualized determinations of medical necessity and the experimental or investigational character of the treatment in the individual case. In cases where medical necessity is not established by policy for specific treatment modalities, evidence not previously considered regarding the efficacy of the modality that is presented shall be given consideration to determine if the policy represents current standards of care.

SCOPE: Providence Health Plan, Providence Health Assurance and Providence Plan Partners as applicable (referred to individually as "Company" and collectively as "Companies").

PLAN PRODUCT AND BENEFIT APPLICATION ☐ Medicaid/OHP* ☐ Medicare** *Medicaid/OHP Members Oregon: Services requested for Oregon Health Plan (OHP) members follow the OHP Prioritized List and Oregon Administrative Pules (OAPs) as the primary resource for coverage determinations. Medical

Oregon Administrative Rules (OARs) as the primary resource for coverage determinations. Medical policy criteria below may be applied when there are no criteria available in the OARs and the OHP Prioritized List.

Benign Skin Lesions: As of 3/7/2025 the OHA is currently drafting a guideline note as part of the BUP project for non-coverage of benign skin lesions. All dx codes for such lesions can currently be found on non-covered lines of the prioritized list. Examples of non-covered diagnosis codes can be found on line 548 of the prioritized list. The prioritized list will be retired by January 1st. 2027.

**Medicare Members

This <u>Company</u> policy may be applied to Medicare Plan members only when directed by a separate <u>Medicare</u> policy. Note that investigational services are considered "not medically necessary" for Medicare members.

COVERAGE CRITERIA

- I. Removal of benign skin lesions may be considered **medically necessary** when any of the following are met (A.-E.):
 - A. Lesions that repeatedly catch on clothing or jewelry, causing irritation.
 - B. Lesions that bleed, ulcerate, or show signs of infection.
 - C. Lesions that exhibit rapid growth or changes in color, shape, or size, raising concerns about potential malignancy.
 - D. Lesions causing functional impairment, including visual obstruction or interference with daily activities.
 - E. Removal is required for differential diagnosis to exclude a malignant or premalignant condition.
- II. Removal of benign skin lesions is considered **not medically necessary** when criteria I. above is not met.

Link to Evidence Summary

POLICY CROSS REFERENCES

Cosmetic and Reconstructive Procedures, MP98

The full Company portfolio of current Medical Policies is available online and can be accessed here.

POLICY GUIDELINES

DOCUMENTATION REQUIREMENTS

In order to determine the medical necessity of the request, the following documentation must be provided at the time of the request. Medical records to include documentation of all of the following:

- All medical records and chart notes pertinent to the request. This includes:
 - History
 - Physical examination
 - Treatment plan

BACKGROUND

A skin lesion is any change in the skin surface that can be benign, malignant, or premalignant, and may vary in color, size, and texture. Examples of benign skin lesions include moles (nevi), sebaceous cysts, seborrheic keratoses, skin tags, callouses, corns, and warts. Seborrheic keratoses are non-cancerous growths that vary in color and size, often appearing on the chest or back with a wart-like texture. Acquired nevi (moles) can appear anywhere on the skin and are usually benign but should be monitored for changes.

REGULATORY STATUS

U.S. FOOD AND DRUG ADMINISTRATION (FDA)

Approval or clearance by the Food and Drug Administration (FDA) does not in itself establish medical necessity or serve as a basis for coverage. Therefore, this section is provided for informational purposes only.

CLINICAL EVIDENCE AND LITERATURE REVIEW

EVIDENCE REVIEW

A review of the ECRI, Hayes, Cochrane, and PubMed databases was conducted regarding removal of benign skin lesions. Below is a summary of the available evidence identified through November 2024.

• In 2010, Roche and colleagues explored pilomatricoma, a benign skin tumor also known as calcifying epithelioma of Malherbe, prevalent among children and young adults. This tumor

commonly manifests in the head and neck region but is frequently misdiagnosed. Characteristically, it appears as a slowly enlarging, irregularly contoured mass that is fixed to the skin but moves over underlying tissues and can change color from red to purple-blue. If diagnosis is unclear, ultrasound, MRI, and fine-needle aspiration can be useful. While spontaneous regression is never observed and malignant transformation is rare, the recommended treatment is surgical excision with clear margins to prevent recurrence.

- In 2011, Guinot-Moya and colleagues conducted a retrospective analysis of 205 cases to evaluate the incidence and clinical characteristics of pilomatrixoma, a benign skin tumor. Their study found pilomatrixoma constituted 1.04% of benign skin lesions and predominantly affected individuals under 20, with a slight male predominance. Most cases presented as single lesions under 15 mm, primarily located in the head and orofacial regions, with fewer on the upper and lower limbs. Multiple lesions were rare, and relapse after excision was uncommon. The findings underscored pilomatrixoma's predilection for the maxillofacial area and reinforced that simple surgical removal is effective with a low risk of recurrence.
- In 2020, Tran and Richer discussed dermatosis papulosa nigra, a benign skin lesion predominantly occurring on the faces of individuals with skin of color, often treated electively.³ They highlighted a gap in knowledge regarding aesthetic treatments for such patients, which sometimes leads to risks or denial of treatment due to physician hesitancy. Effective cosmetic treatments need to balance lesion removal efficacy with minimal pigmentary complications. The review covered various therapeutic modalities, including surgical techniques and several laser treatments (532-nm KTP, 532-nm diode, 585-nm pulsed dye, 1064-nm Nd:YAG, 1550-nm erbium-doped fractionated, and 10,600-nm CO2 lasers), emphasizing their successful application in managing dermatosis papulosa nigra.

CLINICAL PRACTICE GUIDELINES

No clinical practice guidelines were identified that address the removal of benign skin lesions.

EVIDENCE SUMMARY

Benign lesions include moles, cysts, keratoses, skin tags, callouses, corns, or warts and may vary in color, size, and characteristics. Treatments involve various techniques like biopsy, scraping, excision, laser, or cryosurgery. Seborrheic keratoses, non-cancerous but sometimes irritating, typically appear on the chest or back, and can be removed by cryosurgery or electrosurgery. Acquired nevi (moles) can arise anywhere on the skin, with malignant potential indicated by changes in appearance. Removal methods include shaving and excision. Treatment for these is often due to irritation, involving local anesthesia and techniques like snip excision, cryosurgery, and electrodesiccation.

HEALTH EQUITY CONSIDERATIONS

The Centers for Disease Control and Prevention (CDC) defines health equity as the state in which everyone has a fair and just opportunity to attain their highest level of health. Achieving health equity

requires addressing health disparities and social determinants of health. A health disparity is the occurrence of diseases at greater levels among certain population groups more than among others. Health disparities are linked to social determinants of health which are non-medical factors that influence health outcomes such as the conditions in which people are born, grow, work, live, age, and the wider set of forces and systems shaping the conditions of daily life. Social determinants of health include unequal access to health care, lack of education, poverty, stigma, and racism.

The U.S. Department of Health and Human Services Office of Minority Health calls out unique areas where health disparities are noted based on race and ethnicity. Providence Health Plan (PHP) regularly reviews these areas of opportunity to see if any changes can be made to our medical or pharmacy policies to support our members obtaining their highest level of health. Upon review, PHP creates a Coverage Recommendation (CORE) form detailing which groups are impacted by the disparity, the research surrounding the disparity, and recommendations from professional organizations. PHP Health Equity COREs are updated regularly and can be found online here.

BILLING GUIDELINES AND CODING

The following CPT codes may be considered medically necessary when billed with instructions listed in the "Billing Guidelines Appendix" below.

COD	CODES*		
	Shaving Procedures		
СРТ	11300	Shaving of epidermal or dermal lesion, single lesion, trunk, arms or legs; lesion diameter 0.5 cm or less	
	11301	Shaving of epidermal or dermal lesion, single lesion, trunk, arms, or legs; lesion diameter 0.6 to 1.0 cm	
	11302	Shaving of epidermal or dermal lesion, single lesion, trunk, arms, or legs; lesion diameter 1.1 to 2.0 cm	
	11303	Shaving of epidermal or dermal lesion, single lesion, trunk, arms, or legs; lesion diameter over 2.0 cm	
	11305	Shaving of epidermal or dermal lesion, single lesion, scalp, neck, hands, feet, genitalia; lesion diameter 0.5 cm or less	
	11306	Shaving of epidermal or dermal lesion, single lesion, scalp, neck, hands, feet, genitalia; lesion diameter 0.6 to 1.0 cm	
	11307	Shaving of epidermal or dermal lesion, single lesion, scalp, neck, hands, feet, genitalia; lesion diameter 1.1 to 2.0 cm	
	11308	Shaving of epidermal or dermal lesion, single lesion, scalp, neck, hands, feet, genitalia; lesion diameter over 2.0 cm	
	11310	Shaving of epidermal or dermal lesion, single lesion, face, ears, eyelids, nose, lips; lesion diameter 0.5 cm or less	
	11311	Shaving of epidermal or dermal lesion, single lesion, face, ears, eyelids, nose, lips; lesion diameter 0.6 to 1.0 cm	
	11312	Shaving of epidermal or dermal lesion, single lesion, face, ears, eyelids, nose, lips; lesion diameter 1.1 to 2.0 cm	

171	Destruction (eg, laser surgery, electrosurgery, cryosurgery, chemosurgery, surgical curettement), of benign lesions other than skin tags or cutaneous vascular proliferative lesions; up to 14 lesions
171	Destruction (eg, laser surgery, electrosurgery, cryosurgery, chemosurgery, surgical curettement), of benign lesions other than skin tags or cutaneous vascular proliferative lesions; 15 or more lesions

*Coding Notes:

- The above code list is provided as a courtesy and may not be all-inclusive. Inclusion or omission of a code from this
 policy neither implies nor guarantees reimbursement or coverage. Some codes may not require routine review for
 medical necessity, but they are subject to provider contracts, as well as member benefits, eligibility and potential
 utilization audit.
- All unlisted codes are reviewed for medical necessity, correct coding, and pricing at the claim level. If an unlisted code
 is submitted for non-covered services addressed in this policy then it will be denied as not covered. If an unlisted
 code is submitted for potentially covered services addressed in this policy, to avoid post-service denial, prior
 authorization is recommended.
- See the non-covered and prior authorization lists on the Company <u>Medical Policy</u>, <u>Reimbursement Policy</u>, <u>Pharmacy Policy and Provider Information website</u> for additional information.
- HCPCS/CPT code(s) may be subject to National Correct Coding Initiative (NCCI) procedure-to-procedure (PTP) bundling edits and daily maximum edits known as "medically unlikely edits" (MUEs) published by the Centers for Medicare and Medicaid Services (CMS). This policy does not take precedence over NCCI edits or MUEs. Please refer to the CMS website for coding guidelines and applicable code combinations.

REFERENCES

- 1. Roche N, Monstrey S, Matton G. Pilomatricoma in children: common but often misdiagnosed. *Acta Chirurgica Belgica*. 2010;110(2):250-254
- 2. Guinot Moya R, Valmaseda Castellón E, Berini Aytés L, Gay Escoda C. Pilomatrixoma: review of 205 cases. *Medicina Oral, Patología Oral y Cirugia Bucal, 2010, vol 16, num 4, p 552-555.* 2010
- 3. Tran M, Richer V. Elective Treatment of Dermatosis Papulosa Nigra: A Review of Treatment Modalities. *Skin Therapy Letter*. 2020;25(4):1-5

POLICY REVISION HISTORY

DATE	REVISION SUMMARY
6/2025	New policy

BILLING GUIDELINES APPENDIX

Medically Necessary Diagnosis Codes

Benign skin lesion removal may be considered medically necessary when billed with any diagnosis code listed per instructions <u>Group 1</u>, <u>Group 2</u> or <u>Group 3</u>. If a diagnosis code not listed in Group 1, 2, or 3 is billed, then the claim is considered not medically necessary.

Group 1 - Instructions: If one of the below diagnosis codes is billed, the claim may be considered medically necessary. No other diagnosis code is required.

CPT CODES	Diagnosis Codes
11300, 11301-11313, 11400-	A630
11406, 11420-11426, 11440-	B070
11446, 17110 and 17111	D170
	D171
	D1721
	D1722
	D1723
	D1724
	D485
	L281
	L565
	L723
	L820
	L980
	Q170
	Q810
	Q811
	Q812
	Q818
	Q819

Group 2 - Instructions: Diagnoses from Column A must be accompanied by one of the diagnoses from Column B to be considered medically necessary. (Diagnosis codes from either column can be in any code position).

CPT CODES	Α	В
11300, 11301-11313, 11400-	D1801	B781
11406, 11420-11426, 11440-	D220	D485
11446, 17110 and 17111	D22111	D492
	D22112	E832
	D22121	K122
	D22122	L0201
	D2221	L0211
	D2222	L02211
	D2239	L02212
	D224	L02213
	D225	L02214
	D2261	L02215
	D2262	L02216
	D2271	L0231
	D2272	L02411
	D229	L02412
		L02413

	L02414
	L02415
	L02416
	L02511
	L02512
	L02611
	L02612
	L02811
	L02818
	L03111
	L03112
	L03112
	L03113
	L03114 L03115
	L03115
	L03121
	L03122
	L03123
	L03124
	L03125
	L03126
	L03211
	L03212
	L03221
	L03222
	L03311
	L03312
	L03313
	L03314
	L03315
	L03316
	L03317
	L03321
	L03322
	L03323
	L03324
	L03325
	L03326
	L03327
	L03811
	L03818
	L03891
	L03898
	L0882
	L0889
	L089
	L26
	LZO

	L299
	L304
	L538
	L539
	L54
	L920
	L951
	L982
	L983
	R200
	R201
	R202
	R203
	R208
	R58

Group 3 - Instructions: If one of the below diagnosis codes is billed, the claim may be considered medically necessary. No other diagnosis code is required. The following ICD-10-CM codes are the only malignant diagnoses that are appropriate and their use is limited to CPT codes 11300-11313.

CPT CODES	Diagnosis Codes
11301-11313	C4A0
	C4A111
	C4A112
	C4A121
	C4A122
	C4A21
	C4A22
	C4A31
	C4A39
	C4A4
	C4A51
	C4A52
	C4A59
	C4A61
	C4A62
	C4A71
	C4A72
	C4A8
	C4A9
	C4400
	C4401
	C4402
	C4409
	C44101
	C441021

C441022
C441091
C441092
C441121
C441122
C441191
C441192
C441221
C441222
C441291
C441292
C441921
C441922
C441991
C441992
C44202
C44209
C44212
C44219
C44222
C44229
C44229
C44291
C44299
C44300
C44301
C44309
C44310
C44311
C44319
C44320
C44321
C44329
C44390
C44391
C44399
C4440
C4441
C4442
C4449
C44500
C44501
C44509
C44510
C44511
C44519
C44520
1

C44521
C44529
C44590
C44591
C44599
C44601
C44602
C44609
C44612
C44619
C44622
C44629
C44691
C44692
C44699
C44701
C44702
C44709
C44712
C44719
C44722
C44729
C44791
C44792
C44799
C4480
C4481
C4482
C4489
C4490
C4491
C4492
C4499
C510
C511
C512
C518
C519
C52
C577
C578
C579
C600
C601
C602
C608
C609

C632 C637 C638 C639 D03111 D03112 D03121 D03122 D040 D04111 D04112 D04121 D04122 D0421 D0422 D0430 D0439 D044 D045 D0461 D0462 D0471 D0472 D048 D049